

Stride 2024 : Vol. 11(3)

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An official newsletter of Maratha Mandal's N. G. Halgekar Institute of Dental Sciences & Research Centre, Belagavi.

ALUMNI MEET 2024

The most awaited event of our institution, the alumni meet was organised on 20/05/2024. Forty-four enthusiastic undergraduate and post- graduate alumni from various states of the country, right from the first batch to the recent ones attended the alumni meet. Principal, Dr. Ramakant Nayak invited alumni with the welcome address. President, Dr. Rajshree Nagaraju, expressed her prospects about the institution. Alumni of senior batches, Dr. Madhusudhan M. Dr. Jirankalli and others shared their memories and were thrilled to witness the developments in the field of research through CRL of our institution. Alumni association president, Dr. Hemant Vagarali, proposed the vote of thanks and updated about the recent developments in the college like solar power installation, waste management and hygiene, digitalisation of patient management, animal house and herbal garden. NAAC peer team interacted with alumni and the team was happy interacting with them. Photo session was at the auditorium followed by lunch.



E WASTE AWARENESS PROGRAM

The NSS wing of the college in association with Titan Company Limited and IQAC cell of the institution organized an "E Waste Awareness Program" on 7th June 2024 in the college auditorium. Mr. Nayan Momaya, Regional Training Manager TW/ South 2 Titan Company Limited was the Speaker for the event. The event was inaugurated by Dr Preethi Kusugal, Vice Principal who also welcomed the Guest Speaker with a sapling. He spoke on the various problems faced due to E waste accumulation and how can we as citizens can help in the reduction of this waste. Students and staff members of the institution attended the event. Dr Zarir Ruttonji, NSS wing Incharge of the institution and Dr Ramya Pai coordinated the event. A titan service centre was also established in the college premises on the same day so that the staff and students could take advantage of the same.





BOOK LAUNCH

Department of Periodontology launched a Book Titled "Periodontology Simplified" on 3/7/2024 at our college auditorium. This book is authored by Dr. Kahon Chakraborty, Dr. Sachin Shivanaikar and Dr. Darsha Jain. The program started by lighting the lamp by the august hands of our Hon'ble President Dr. Rajshree Nagaraju and Chief guest - District Health Officer (DHO), Belagavi - Dr. Mahesh Koni, Principal - Dr. Ramakant S. Nayak, Vice-Principal- Dr. Preeti Kusugal, Head of Department of Periodontology - Dr. Pushpa S. Pudakalkatti and the Authors Professor Dr. Sachin Shivanaikar, Dr. Kahon Chakraborty and Dr. Darsha Jain were present. All the Dignitaries were welcomed with the saplings. Our



NATIONAL IAOMR UG CONFERENCE 2024

10 students from our college participated in undergraduate national conference of Indian Academy of Oral Medicine and Radiology which was held at VK Institute of Dental Sciences, Belagavi on 12th and 13th July 2024. They presented scientific papers and posters across various categories like original research, review, and case reports. Guest lectures on topics like Tobacco cessation, environmental sustainability, differential diagnosis, and others were delivered by various speakers from across the country. Dr Sujata Byahatti, Professor and Dr Prachi Katti, Reader, Department of Oral Medicine, and Radiology were chairpersons for scientific sessions. Mahima Surana, 3rd BDS student bagged the best paper in the review category titled "From theory to practice: the integration of cryosurgery in dental treatments" and Jennifer Bardeskar, 3rd BDS student bagged 3rd place in poster presentation in the review category titled "Snoozing Solutions: How Dental Care enhances Sleep Health"





VISIT TO MAHESH FOUNDATION

The Youth Red Cross wing of our institute organized a visit to Mahesh Foundation on 6th July 2024 to attend a program on "Social Responsibility of Youth". Mahesh Foundation is a home for HIV-Infected and underprivileged children. The visit was focused towards inculcating a sense social responsibility in our volunteers and students. Mr. Mahesh Jadhav (Founder - Mahesh Foundation) along with his colleagues showed the premises and gave a talk on the journey of Mahesh Foundation and responsibility of today's youth towards the society. 40 volunteers along with Dr. Viplavi Chavan (YRC Incharge), Dr. Sachita Naik and Dr. Vivek Govekar attended the event along with the students. Dr. Zarir Ruttonji co-ordinated the event.



ORAL HYGIENE DAY

Department of Periodontology conducted Oral hygiene day on 01/08/2024 at Maratha Mandal's Nathajirao G. Halgekar Institute of Dental Sciences and Research Centre, Belagavi. This day is celebrated every year on 1st August in India to commemorate the birth anniversary of Dr. G.B. Shankwalkar, a pioneer in periodontology and the founder of the Indian Society of Periodontology. The inauguration of the program was with lighting the lamp by the august hands of Principal - Dr. Ramakant S. Nayak, Vice-Principal - Dr. Preeti Kusugal, Administrative In charge and Head of Department of Periodontology - Dr. Pushpa S. Pudakalkatti, Academic In charge - Dr. Veerendra Uppin, NAAC co-ordinator - Dr. Vijayalakshmi Kotrashetti and all the staff members of Department of Periodontology. Free samples of toothpaste were distributed to the patients. Free scaling was provided to the patients up to 31st August 2024 as a part of the oral hygiene day celebrations. Welcome speech and vote of thanks was given by Dr. Sachita S. Naik.





VAN MAHOTSAV

The NSS wing, in association with the SESREC cell of the institution, organized Van Mahotsav on 10th August 2024 at the Belgaum Public School, Shindoli, from 9.15 am onwards. A total of 30 saplings were planted on the campus of the school. The event was organized to promote environmental awareness and to contribute to the green cover of the region. The event, aimed at fostering a sense of responsibility towards nature among students of the institution, Dr. Zarir Ruttonji, NSS wing in charge of the institution, coordinated the event. Members of the NSS and SECREC committee, Dr. Sheetal Kubsad, Dr. Shruti Virupaxi, Dr. Viplavi Chavan, Dr. Rekha, and Dr. Vivek Govekar, contributed to the success of the event. Students participated actively in planting the saplings. Dr. Rajshree Nagaraju, our President encourages environmental awareness programs routinely. Dr. Ramakant Nayak and Dr. Preethi Kusugal attended this IQAC initiative.



GANESH CHATURTHI CELEBRATION

The college celebrated vibrant festival of Ganesh Chaturthi with a series of colorful and engaging activities that highlighted the cultural richness of this auspicious occasion. The festival, which honors Lord Ganesha, the elephant-headed deity

symbolizing wisdom and prosperity, was marked by Satyanarayana pooja, Ganahoma, beautiful and unique rangoli designs made by nonteaching staff around the Ganesh idol. The sthapana was for 5 days from 7th August to 11th August.

All students and staff members participated in the festival. The celebrations were a beautiful expression of devotion, culture, and unity. It allowed students and staff to come together, celebrate, and seek the blessings of Lord Ganesha.









INAUGURATION OF CANTONMENT SATELLITE DENTAL CLINIC

Department of Public Health Dentistry in collaboration with Cantonment Board General Hospital, opened its new satellite dental clinic. The inauguration ceremony was held on 2nd August 2024. The clinic was inaugurated by ribbon-cutting ceremony by the august hands of Hon' MP Jagadish Shettar. The new clinic, located at Camp Belagavi is equipped with the latest dental technology and staffed by highly qualified dental professionals and specialists. The facility is designed to offer a wide range of dental services, including preventive care, restorative treatments & extraction. The new satellite dental clinic is now open to the public, from 9.00 am to 3.00 pm, Monday to Saturday. The event was graced by Shri Rajeev Kumar CEO, Cantonment Board, Dr. Zarir Ruttonji, Dr. Sachin Shivnayakar and Dr. Anand Hiremath took active part in establishing satellite clinic.



THE ANTIRAGGING DAY

The Antiragging Day was observed on 12th August 2024 in the college campus. All the BDS, MDS students and the Interns were present for the Programme. On this day the students were made aware of zero tolerance shown by the Institute against ragging and a few short film videos' from UGC web site on consequences of ragging were shown to the students in the auditorium. The students presented a skit in the auditorium about the ill effects of ragging. The Vice principal, Academic In charge, Administrative Incharge and all the Anti ragging Committee members with squad committee were present.



FREE HEALTH CHECKUP CAMP AT RAILWAY STATION

Human Rights Committee of our college with Human Rights Corps, Belagavi had organized a free dental screening camp on August 15th at Belagavi Railway Station. The camp was organised by Dr. Sheetal Kubasad, Incharge and her associates, Dr. Rekha, interns, and post graduate students. Human Rights Corps team consisted of Mr. Neeraj Banaskar state director (Human Rights Corps) and members Sri. Satish Malawade, Sri Sanjay Bhandari, Mr. Sunil Yellurkar, Sri Jyothiba Patil and



Mrs. Indra Balekai. It started at 9.am in the morning and completed at 12.pm, a total of 100 patients were screened and given oral health awareness lessons.

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INDEPENDENCE DAY CELEBRATION 2024

On 78th Independence Day, the Cultural Committee of our Institute organized Independence Day celebrations. Shri. Laxmanrao Sainuche, Managing Committee Member was the chief guest. Also present were Principal Dr. Ramakant Nayak, Vice Principal Dr. Preeti Kusugal, Academic Incharge Dr. Veerendra Uppin, Administrative Incharge Dr. Pushpa P

and Cultural Incharge Dr. Sanjeevini Hattarki. The program commenced with flag hoisting ceremony followed by speeches by Dr. Sai Chandini (Department of Periodontology), Vishwaja Naik (Intern) and Krupa Kotbagi (I BDS). Recognising the hard work and efforts put in by the non-teaching staff behind the scenes throughout the year, a token of appreciation was presented to them. Vedant Verekar (III BDS) sung a patriotic song. The program concluded with a vote of thanks by Jennifer Bardeskar (III BDS).





CONFERENCE PAPER PRESENTATIONS

Dr Sujata Byahatti Professor from the depatment of Oral Medicine and Radiology made two presentations. First Paper on "Detection of Carbon monoxide (eCO) and Carboxy haemoglobin (COHb%) levels in Smokers and Nonsmokers through Breath Analysis-A comparative clinical study". at 19th GOA state IDA Conference, at Radisson Blu Resort Cavelossim, Goa. She did a Second online paper presentation on the topic "Dentist as a Counsellor" at 12th World Dental Sciences and Oral Health Conference held on 16th and 17th Aug 2024. She also completed certification Program in Tobacco Cessation from Global Health Academy, Bangalore 2024. The course duration was 2 months Online.



CONGRATULATIONS !!!

to Dr Sanjeevini A Hattarki and Dr Sheetal Kubsad on achieving their Ph.D.! They researched on the topics "To Compare the efficacy of green tea Catechins as local drug delivery in periodontal health, an adjunct to scaling and root planing using PCR, A clinical and microbiological study " and " Evaluation of antibacterial and cytotoxic activity of novel intracanal medicaments against selected single species biofilm of endodontic pathogens- a multiphase clinical study" respectively.

We all wish them continued success in all future pursuits."



BASIC FIRE SAFETY WORKSHOP

A two-day workshop on basic fire safety training was held from 16/08/2024 to 17/08/2024. The program was conducted by Belagavi fire safety and emergency services under Karnataka state fire and emergency services. The two-day program included lectures on fire safety and management of fire during accidental fire and various hands-on demonstration regarding use of fire safety equipment was given to all the participants. The training was conducted under the leadership of Mr Shashidhar S Nilagar, district fire officer, Belagavi. He was assisted by Mr Manish Rathod, fire station officer, Khanapur and Mr Tippayya, Fire Station Officer, Bailhongal. The training program was conducted for selected members of Maratha Mandal group of Institutions. Also, members of GSS College and RLS College, Belagavi participated in the fire safety drill. A total of 70 members were trained with basic fire-fighting training protocol.



RALLY AGAINST KOLKATA HORROR

On 19th August a massive protest was organized by Maratha Mandal group of institutions condemning the tragic rape and murder of a female trainee doctor at RG Kar Medical College and Hospital, Kolkata in West Bengal, on Aug 9. Students and faculty of different institutions of Maratha Mandal lead by the President took a protest march from the head office via Channamma circle to the DC office and blocked the traffic at Channamma circle for an hour to raise the general public's awareness and to mobilize support for call to get justice for the doctor. Various banners which read as "No Safety, No Duty" "Hang the rapist until death", "Justice for Dr Moumita" etc. were displayed. Demonstrations were staged before the office of the Deputy Commissioner holding placards, doctors, junior doctors, and pharmacy students raised slogans and later memorandum was submitted to the DC. They also demanded promulgation of stringent laws to ensure protection to doctors and paramedical staff. At the Channamma circle the President addressed the media and public and urged the govt to take strict action on the culprits.





POST GRADUATE ORIENTATION PROGRAM

Post graduate orientation program was conducted on 26-08-2024 for newly joined I MDS students (batch 2024-25) at college Auditorium. The program commenced with welcoming the gathering and introducing office bearers of the Institute by Dr Vijayalakshmi Kotrashetti. Principal gave a brief overview about the Institute and the activities that are carried out at the Institute. Academic Incharge briefed on academic activities and examination pattern for Post Graduate course. Administrative in-charge, briefed regarding code of conduct for students followed by this, a brief interaction was held between students and faculty.



PG ORIENTATION TO MASTERSOFT AND DENSMART

PG Orientation to our enterprise resource planning and dental practice management software was conducted for newly admitted post Graduate Students Batch 2024-27. A guest lecture was organized in the council hall on 27th August 2024. Mr. Sagar technical expert form MM Polytechnic addressed the Post Graduates. PG Students were familiarized with the two college softwares. Mr. Sagar also provided insights on both Softwares and explained how these technological tools would streamline the administrative and patient management process. PG students interacted and clarified the queries regarding the usage of the softwares.





GUEST LECTURE BY DR REVAN KUMAR JOSHI

The Department of Oral Medicine and Radiology conducted a Guest Lecture on 10th September 2024 from 9.00-10.00 AM for III BDS Students on: "Advance Imaging Modalities" By Dr. Revankumar Joshi, Associate Professor, Department of Oral Medicine and Radiology, D. A. Pandu Memorial RV Dental College, Bangalore. The speaker was Introduced by Dr Sujata Byahatti and the Token of appreciation given by Head of the department Dr. Praveena T.



CDE PROGRAM ON "EXCELLENCE IN ORTHODONTICS - NON SURGICAL SKELETAL EXPANSION WITH MSE"

A CDE program was organized by Department of Orthodontics and Dentofacial orthopedics titled "EXCELLENCE IN ORTHODONTICS - NON SURGICAL SKELETAL EXPANSION WITH MSE" in our college on 11th September, 2024. The keynote speaker for the event was DR. EJAZ ANWAR, MDS, M.ORTH RCPSG from Royal College of Physicians and Surgeons of Glasgow- 2019, MFDS RCS from Royal College of Surgeons London - 2020. He's currently maintaining a Private Practice - Exclusive to Orthodontics and Dentofacial Orthopaedics in Kollam and Kannur, Kerala.

Scientific Deliberations on Non-surgical skeletal expansion with MSE appliance, Non-surgical management of skeletal class III malocclusion with MSE and TADs, along with live demo of MSE placement on patient was performed which was followed by an excellent Q/A session. The event was attended by around 52 staff and students from different colleges in the auditorium.





IQAC MEETING

Annual meeting of IQAC cell was held on 30th September 2024 at college Auditorium to discuss calendar of events for the year 2025. The meeting was attended by Office bearers, HODs of all departments and all committee In-charges. The meeting commenced by welcoming the members by NAAC Coordinator Dr. Vijayalakshmi Kotrashetti. Each member gave a detail of events that will be organized for the calendar year 2025



ORIENTATION PROGRAM ON RESEARCH FOR FACULTY AND PG STUDENTS

The Institutional Review board and ethical committee conducted an orientation program on Research for Faculty and post graduate students of the Institute on 26th September 2024. The guest speaker for the event was Dr. Prakash Diwan, Director, Central Research Laboratory. He spoke on "Embrace the Innovations and exploit ideas: A key to success". The program was attended by Dr Rajshree Nagaraju, President Maratha Mandal, who appreciated the efforts taken by Dr Diwan and encouraged all faculty and students to undertake research activity and convert it into patents. Principal Dr Ramakant Nayak recalled the facilities available at the Institute for research and informed everyone to take advantage of the same and encouraged for applying for various research grants. All IRB members of the Institute attended the program. The Program concluded by handing over a token of appreciation to Dr Diwan by President, Maratha Mandal



ONLINE DEMONSTRATION OF PLAGIARISM CHECKER SOFTWARE

Our college subscribed to a leading plagiarism checking software called "Drillbit". Online demonstration of this software was held on 3rd September 2024 at Boardroom. The demonstration was attended by Administrator of the software, Dr Ramakant Nayak, Dr. Madhu Pujar, Dr Sandeep Katti, Dr. Abhijeet Patil, Dr Vijayalakshmi Kotrashetti





WORLD PATIENT SAFETY DAY REPORT

In a proactive step towards improving healthcare safety, our institute observed World Patient Safety Day on September 13, 2024, with a program aimed at raising awareness about patient safety practices among healthcare professionals and students. Dr Anand M Hiremath, Professor and Head of the department of Public Health Dentistry highlighted the importance of patient safety in all healthcare settings emphasizing the global theme for this year, "Improving diagnosis for patient safety". Dr Preeti Kusugal, Vice Principal, Dr Veerendra Uppin, Academic Incharge graced the occasion with their presence. Dr Rekha S V, Dr Sushma V Angadi and Dr Deepali Gurav along with Interns coordinated the event. The event also saw the release of educational material, including photo booth, aimed at informing patients about their rights and how they can actively participate in ensuring their own safety during treatment.



ACCELERATED ORTHODONTICS

Dr Siddharth Revankar, Professor, Department of Orthodontics & Dentofacial Orthopedics at our Institute, was invited to deliver a Scientific Paper Presentation as a "RISING STAR" Speaker at 58th Indian Orthodontic Conference 2024, held at Clark's Exotica, Bengaluru from 20th to 22nd September 2024 on the topic "Accelerated Orthodontics- Embracing the newer feasible & Practical Approaches!!"



ISPPD NATIONAL CONFERENCE 2024-"NAMMA PEDO 2024"

Two of our II MDS students namely Dr Aparna Rayamane and Dr Maheshwari Ambi (batch 2022-25) participated in Paper Presentation in ISPPD National Conference 2024-"Namma Pedo 2024" from 26th Sept to 28th sept 2024



at Bengaluru. The papers presented were, "Endodontic-Laser therapy synergism in the management of chronic osteomyelitis - A case report" by Dr. Aparna Rayamane and "Management of complicated root fracture with apical comminution - A case report" by Dr Maheshwari Ambi. We are happy to announce that they were awarded with the Best Paper Presentation award for the same.



BASIC LIFE SUPPORT TRAINING PROGRAMME (BLS)

This programme was started in 2016 on World Heart Day and has been continuing successfully. BLS generally refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress, or an obstructed airway. It requires knowledge and skills in cardiopulmonary resuscitation (CPR), using automated external defibrillators (AED) and relieving airway obstructions in patients of every age.

The candidates were trained over 2 days, 27th and 28th Sep24. On the first day of the programme a pre workshop test was conducted to assess the basic knowledge of the participants. Then the lectures and hands on demonstrations were given to

the participants over two days. During the programme various real-life examples were given to make them understand the concept of BLS and to perform BLS. The participants were trained individually and once they had learnt the technique of BLS, a post work shop assessment in MCQ, OSCE and OSPE pattern was conducted.

During the programme the candidates were provided CPR masks individually. The candidates were trained on interactive mannequins and AED. All the aspects of BLS were covered. After successful completion of the course the 19 Postgraduate students and 3 staff were presented with a certificate and a placard of BLS training.



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